

THE SPURGEON MANOR TIMES

Caring with Respect and Dignity in a Loving Christian Community



Spurgeon Manor, Dallas Center, IA

Volume 17 Issue 08 August 2022

Not the World, but Focusing on Faith...

by: Maureen Cahill, Administrator

After being blessed to avoid COVID for the past 2½ years, that changed for me during the last week of June. Testing positive required me to be away from Spurgeon, for a total of 10 days; unfortunately, at the same time, Crystal Scroggin, our Assistant Administrator, tested positive, too.

Although there were a couple of days when we were both "down", the majority of time we stayed connected to Spurgeon Manor by working remotely. We focused on priorities - that included the DIA (state department) coming for its annual (unscheduled) survey from July 5-8. When we are at Spurgeon Manor, the state inspection is one of the most trying times of the year; this year, it was definitely magnified, when we weren't physically present.

There are times that I think we all become more reflective about life, and being sick can be one of those. That certainly was the case for me, and I wanted to share a few of my work and life thoughts, of which I was reminded during this recent illness.

I am ever so thankful for my faith in God, my family and living in Iowa. I am thankful for the dedication to the residents, by the Spurgeon Manor staff. In a world when we can choose to be anything, our staff choose to be kind. I am thankful for the board and our leadership's support, including their drive for constant improvement. And I am thankful for the support Spurgeon Manor receives from the community - we are so blessed that the Dallas Center community cares about us and our mission to care for others.

I know the importance of self-care and having a positive attitude is, in part, a personal responsibility. But life is so much better when we encourage one another and step-up to help in times of need.

So, I am full of gratitude for the many blessings in life, even during the trials and challenges we face. Although we may still be living with Covid, it's important to be mindful of and trusting in God, who we know is with us at all times - both good and bad.

I know suffering - mine or yours - is not punishment, but I believe God uses all circumstances in ways we may never understand. And for that I am eternally grateful...

Maureen

PS: By the way, the challenge of the week-long state survey, with three inspectors had a happy ending! The last week of July, we were blessed to receive the state's written report, and Spurgeon Manor was deficiency free!

For our light affliction, which is but for a moment, is working for us a far more exceeding and eternal weight of glory. 2 Corinthians 4:17 NKJV



Health Care - The Good, the Bad ... the Grateful!!

by Lynette Krambeer

It's no secret to anyone who's ever worked in long-term care - that doing so, comes with its share of challenges. Working throughout the COVID pandemic for the last two and a half years, have been especially challenging. Fortunately, even with the regulations, stress, heartbreak and frustration - working with seniors comes with rewards and gratitude.

The Spurgeon Manor and Spurgeon Assisted Living staff care for some truly remarkable people - the majority of which belong to the Greatest generation (born between 1901-1927) and the Silent Generation (born between 1928-1940). The Greatest Generation is known for their integrity, responsibility, humility and being service oriented. The Silent Generation is known to be respectful, hard-working, loyal and determined. With that impressive list of characterizes ... who wouldn't want to work with them every day?

Staff get to hear the seniors' stories - about growing-up, going to school, raising their families, their various travels - and get to know them personally. They establish relationships of trust and respect, and become emotionally attached. It is heartbreaking for the staff to see their residents decline, or (for AL staff) their tenants needing additional support and moving to the Manor.

Just as staff become attached to the residents, they also become close with the families. Family members often "fill in the gaps" while getting-to-know the resident's wants, needs and their history. We do not take it lightly - that we are entrusted to care for some of the most important, most precious people in their lives. In turn, families also develop relationships with staff - of trust, affection and gratitude.

It would be so nice if, when we're born, life would hand out a little map of what, and when, to expect of it. But of course, we just muddle through the good, the bad, the ugly - and hopefully feel grateful for family and friends who help us navigate.

When we moved Mom to Spurgeon, we considered ourselves SO lucky that she ended up with all of you. We saw the care and patience you gave her. We saw people who have chosen to take care of fellow human beings - and we saw staff and medical personnel who became family to Mom - and to us! Best of all, we got to see the love, care and concern you all exhibited toward Mom and the other residents. You all have hard, tough job. That makes you heroes and heroines in our eyes. We are eternally grateful for each of you. May God bless you all!

With deepest gratitude and wishes for the best possible, to each and every one of you, we are - Becky, Dan, Julie, Cindy, David and Rob - Shirley's Six

On difficult days, the knowledge that we're making a difference in the lives of seniors and providing some reassurance to their families - makes it all worthwhile. We are truly blessed to have wonderful residents and families, and we consider them all members of the Spurgeon Manor Family.

Anytime we receive a note from family, expressing their gratitude - it touches our hearts, and we share it with the entire staff. The following note is from the family of Shirley Button, who recently moved from the AL to Spurgeon Manor.

Thank-you to the Button family, for those kind, beautiful words of appreciation. That thoughtful note - not only brings tears - it also reiterates to the staff, our purpose and our mission. Next month, I will talk more about the importance of "family" at Spurgeon Manor, and how some staff are working alongside their actual family, on the Spurgeon Manor Campus.



Shirley Fuller

Resident Spotlight



Shirley Fuller

Shirley was born on April 7, 1929 in Ottumwa, to Harold and Blanch Fredrickson. Shirley was the middle child among 2 brothers, Glenn and Rick and 2 sisters, Roxanna and Corinne.

Shirley grew up in-town and played baseball

with the neighborhood kids. While attending High School in Ottumwa, she enjoyed swimming and Home Economics. Cooking, sewing and baking became a big part of her life.

As a child she attended Alliance Church and remembers working at the grocery store owned by her family. She also babysat to make money. Shirley graduated from Ottumwa High School in 1947, and her family moved from Ottumwa to Adel.

It was in Adel, that a friend of Shirley's set her up with a blind date, and that's how she met Robert Fuller. Robert and Shirley were married on October 3, 1948 in Dallas Center at the Methodist Church. They had four sons: Kelly, Gregg, Terry and Tom. Shirley was a stay-at-home mom and yet, she and Bob started their own business in Adel - "Fuller Petroleum". Shirley's son Tom continues to run the business today.

Bob and Shirley enjoyed fishing in Minnesota almost every year. Shirley also enjoyed riding her bike 18 miles every day. Many vacations were enjoyed to Colorado, Wyoming, Idaho and California; Colorado was always a favorite for Shirley.

Bob passed away in 2001 and in 2020, Shirley came to Spurgeon Manor. She has always liked ceramics, embroidery, listening to audio books and watching Home and Garden Shows on TV. Here at Spurgeon, Shirley enjoys the music programs and riding the All-Ability Cycles. She also plays the bells and likes the bus outings.

Shirley has 9 grandchildren, 18 great grandchildren and 2 great-great grandchildren! Thanks Shirley for sharing your story with us!

Shirley enjoys watching Home and Garden Shows on TV



NEIGHBORS HELPING NEIGHBORS...

PLANTING FOR THE FUTURE

The following is a continuation in a series of articles shared in the June and July newsletters in which a vision to help support charity care at Spurgeon Manor has been established through “Neighbors Helping Neighbors ... Planting for the Future” endowment campaign.

To help to make living at Spurgeon Manor available for more area residents, the Spurgeon Manor Charitable Endowment has been established at the Community Foundation of Greater Des Moines with proceeds directed to only support charity care.

Thanks to a program called “Endow Iowa Tax Credits”, some tax advantages are available to donors making gifts to permanent endowments like this – providing an opportunity to maximize their impact. This program allows taxpayers to receive a state income tax credit equal to 25 percent of the value of their gift for certain endowed charitable gifts. These gifts are not eligible for a state income tax deduction, although they do qualify for the federal charitable deduction.



Neighbors
Helping
Neighbors



SPURGEON MANOR CHARITABLE ENDOWMENT



Although the Endow Iowa Tax Credits appropriation may become exhausted in the year in which a gift is made, contributions can be allocated to the next available Endow Iowa Tax Credit budget year (pending the State of Iowa's budget approval).

- Spurgeon Manor donors would be able to apply the 25 percent credit to their tax return (and may carry forward any unused tax credits for 5 additional tax years).
- Depending on the donor's situation, and on the source of the gift (cash, IRA, stock, etc.), their tax impact may differ and they are encouraged to consult their tax advisor.

As we well-know from Spurgeon Manor's history, we live in a generous state with Iowans who – through charitable giving – have made investments in the quality of life we enjoy today. This proud tradition of giving is encouraged through endowments established at the Community Foundation of Greater Des Moines and the Endow Iowa Tax Credit program.

For gifts to qualify, gifts must be made, 1) through a qualified community foundation, 2) to a permanent endowment fund with a limited annual distribution of 5%, like the Spurgeon

Manor Charitable Endowment, and 3) for the benefit of Iowa charitable causes.

Endow Iowa Tax Credits are available on a first-come, first-served basis until the yearly appropriated limit is reached. If the current year's tax credits have been exhausted, qualified donors are eligible for the next available year's Endow Iowa Tax Credits. A variety of gifts qualify for Endow Iowa Tax Credits, including cash, stock, real estate, business interests, personal tangible property, retirement plans, life insurance, agricultural assets and more. No minimum gift amount is required to qualify for Endow Iowa Tax Credits. Please consult your tax advisor regarding the federal deductibility of Endow Iowa qualified contributions.

Spurgeon Manor is striving to serve more seniors in the community while staying true to its mission... "Caring with Respect and Dignity in a Loving Christian Community", and we know this endowment will plant seeds for the future.

This series of articles about the Spurgeon Manor Charitable Endowment will conclude in the September newsletter. If you would like to find out more in the meantime, please contact Scott at sbrunscheen@spurgeonmanor.com.



SO LET EACH ONE GIVE AS HE PURPOSES IN HIS HEART, NOT GRUDGINGLY OR OF^[A] NECESSITY; FOR GOD LOVES A CHEERFUL GIVER."

– II CORINTHIANS 9:7 (NKJV)

Activity Happenings

by: Diane Watts, A.D.

July really was a "Summer" month: hot and windy weather, ice cream sundaes and banana splits, bus outings and bicycle rides! Because of the hot and windy weather, some of our Poetry on the Patio and Music in the Courtyard, needed to be moved indoors. The bus outing to Jester Park to see the bison and elk was successful, and we also found our way to the Kuehn Conservation area. More residents got the opportunity to ride the cycles this month, thanks to Robyn and Judy.

We appreciated all our entertainers who performed in July and look forward to seeing them again. Valerie Wedgeworth was a new entertainer this month, playing the flute. She did a fabulous job, played many songs by ear - and even asked for requests.

We had several interesting presentations this month. The first presentation was at Jester Park Nature Center where "The Cricket Lady", Shelby Smith, talked about raising crickets for human consumption! It was a very interest and we even had the opportunity to sample a roasted cricket! Some residents were brave ... others passed on the opportunity!

Another presentation was about "Cracker Jack Toys"! Vera Golightly provided us some history about cracker jacks, and showed displays of cracker jack toys and memorabilia. She has attended many conventions and told of the many people involved in collecting such toys. And, yes, we did get to sample some cracker jacks along with some root beer!

Our next presentation was about mini quilts, and shared by Sharen Meisenheimer. This was Sharon's third presentation on quilts, and each presentation was different and all the quilts were different.

Our spiritual program continues to go well. Catholic Mass continues monthly, on the third Friday, at 9:30am. Hymns & Worship are held on Wednesday afternoons at 3:00pm, with several ministers taking turns. Sunday Church is at 3:00pm. Ministers often bring their own piano player and deliver their message. It's always nice to see the spouses come and attend with their loved ones.

Birthdays celebrated in July were: Herman Kneuper, Vera Golightly, Janet Sparks, Mary Lou Denker and Thelma Bricker. Thanks to Cynthia & Jeff Eby, and Sandy & Jerry Urfer, daughters of Mary Lou - for sponsoring the Birthday Party.



Jean Galloway and Judy Erickson enjoy a morning bike ride.

Upcoming August Events:

- 6** Marilyn Jerome Music 11:00am
- 9** Tom Hofer Music 10:00am
- 11** Lennie Hudson Music 2:30
- 11-21** Iowa State Fair
- 18** Doc McCauley Music 2:30
- 23** Rob Lumbard Music 2:30
- 26-27** Fall Festival





Vera Golightly and her son-in-law J.R. Hall gave presentation on Cracker Jack toys.



Valerie Wedgeworth entertained the residents with her flute music.



Vera Golightly displayed her Cracker Jack toy collection.



Jeannine Johnson, Ramona Hoveland and Cynthia Sund enjoying their lunch in the courtyard.



Macy Evans playing music for the residents in the courtyard.



Wilma Nelson enjoying herself at the Farmers Market.

Stephanie Bayder CNA, Jeannie Johnson, and Mary Beech enjoying some beautiful weather.



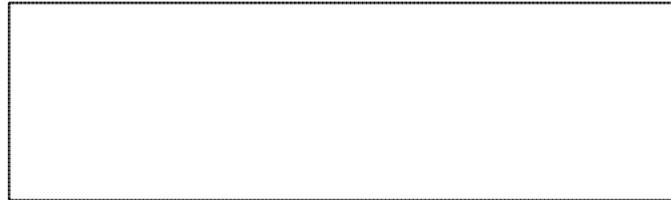


Spurgeon Manor

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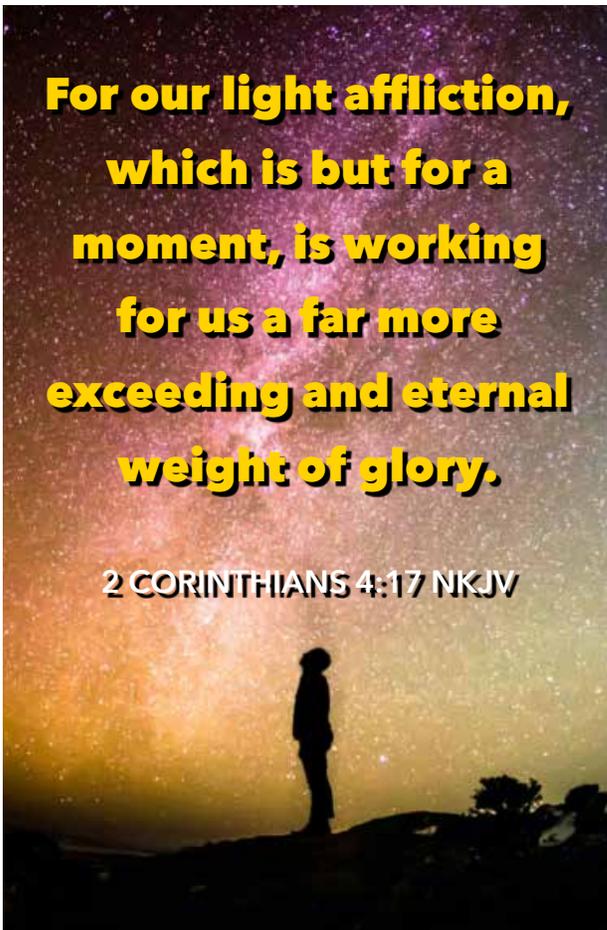
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**For our light affliction,
which is but for a
moment, is working
for us a far more
exceeding and eternal
weight of glory.**

2 CORINTHIANS 4:17 NKJV



Department Heads

Maureen Cahill, Administrator
Dena Goepferich, Environmental Services Supervisor
Diane Watts, Activity Director
Kyle Ballenger, Dietary Manager
Alana Marean, Assistant Director of Nursing
Bridget Huegerich, Business Office Manager
Crystal Scroggin, Assistant Administrator
Ron Hyde, Maintenance Supervisor
Darice Vogel, Director of Social Services
Brenda Lynch, Director of Nursing

Assisted Living

Lynette Krambeer-Morney, Executive Director
Brenda Fookan, Director of Nursing Services

Board of Directors

Dan Heefner, President
Sam Wise, Vice President
Chloe Bennett Bircher, Secretary/Treasurer
Cynthia Eby
Donna Emmert
Michelle Leonard
Sally Meyers
Susan Mack Overla
Catherine Sheets
Matt Simpson



Spurgeon Manor
Continue the journey

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